

Signature and date [FGB/committee chair]

Slimbridge Primary School Policy  
Approved: September 2017  
To review: Annually

## **Slimbridge Primary School Physical Education Policy**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. Our curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.

### **Aims**

Our curriculum helps children:

- develop a positive outlook and enjoyment towards physical activities
- encourages them to lead a healthy and active lifestyle
- build positive attitudes to physical challenges
- develop perseverance, fair play and the ability to cope with success and failure
- enables children to engage in a broad range of different physical activities
- learn a variety of new skills and develops their confidence and competence
- participate in competitive sports

### **Teaching and Learning**

Physical Education is taught by specialist sports teachers and coaches for most year groups. All pupils are entitled to receive a minimum of 2 hours high quality PE per week. This is provided in the form of a one-hour PE lesson and daily fitness sessions.

**EYFS** – Physical development is one of the 7 areas of learning in the EYFS and is a major focus. This is taught in a variety of ways and enables children to access all other areas of the curriculum with growing skill and confidence.

### **Curriculum coverage**

Children in KS1 and KS2 develop their skills through different termly sporting activities. To ensure that our children get the opportunity to experience new sports and develop diverse skills, we follow a two yearly rolling programme which ensures full coverage of the curriculum.

### **In KS1, children are taught to:**

- master basic movements including running, jumping, throwing and catching
- develop balance, agility and co-ordination
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

### **In KS2, children are taught to:**

- use running, jumping, throwing and catching
- play competitive games and develop skills in attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges
- compare and evaluate their performances
- be the best they can be

Swimming instruction is provided for children in Years 2 and 3. They are taught to swim using a variety of strokes with competence, proficiency and confidence over a distance of 25 metres.

### **Resources**

Having a good selection of equipment is essential for the teaching of PE and the school has a range of equipment to support the learning and development of skills across all sport disciplines. Resources are carefully monitored, reviewed on an annual basis and updated when necessary.

### **Assessment**

Children are assessed through a skills-based assessment programme that illustrate progression. Children are actively encouraged to evaluate their own learning and performance.

### **Extra Curricular Activities**

We actively encourage children to become involved in sports outside of the school day and a variety of clubs are run throughout the year by teachers and/or parent volunteers.

Competitive sports activities for children in KS2 are organised on a regular basis with cluster schools. Activities range from team games to swimming.

Sports successes outside of school are always celebrated in weekly assemblies.