

Hilarys Kitchen

Please tick one choice of main meal and one choice of dessert per child.

Week 3 Name _____ Class _____

Monday	Tuesday	Wednesday	Thursday	Friday
Vegetable Bolognese, Long Grain Rice, Sweetcorn	Minced Beef & Onion Pie, Mashed Potato, Peas and Sweetcorn	Roast Turkey, Stuffing Roast Potatoes, Vegetables Gravy	Breaded Chicken Fillet, New Potatoes and Vegetables	Salmon Fillet, New Potatoes, Sweetcorn and Salad
Jacket Potato, Cheese and Baked Beans and Salad	Vegetarian Sausage, Potatoes Puff, Peas and Salad	Quorn Turkey Fillet, Roast Potatoes, Vegetables and Gravy	Quorn Chicken Burger, New Potatoes & Vegetables	Cheese and Tomato Pizza, Sweetcorn and Salad
Fruit	Fruit	Fruit	Fruit	Fruit
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
Chocolate Sponge and Chocolate Custard	Toffee Sponge and Custard	Fruit Crumble & ice cream	Iced Sponge Square	Jelly and Icecream